

## Bringing a Horse Home: First 30 Days Checklist

*Recommended by Lisa McConathy, McConathy Farm, LLC — providing quality care since 2009 in Lexington, Kentucky.*

The first 30 days are critical for your horse's adjustment. Use this checklist to create a calm, healthy transition.

### ✓ Before Arrival

- Prepare a safe stall or paddock
- Secure hay, feed, and clean water
- Schedule vet and farrier visits

### ✓ First Week

- Allow quiet time to decompress
- Monitor eating, drinking, and manure
- Establish a consistent routine

### ✓ Health & Nutrition

- Review medical records
- Transition feed slowly
- Watch for stress or illness

### ✓ Handling

- Keep sessions calm and brief
- Focus on trust, not training

### ✓ End of 30 Days

- Evaluate health and weight
- Adjust care as needed

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### Faith-Based Reflection

*"Commit to the Lord whatever you do, and He will establish your plans." — Proverbs 16:3*

New beginnings require patience and care. Move slowly, observe closely, and trust God's guidance as you build a relationship rooted in safety and compassion.